



# PARENTING CLASS SERIES

December 4th — February 19th 2011

Spanish 9:00 am —10:45 am | English 11:00 am —12:45 pm

## Registration Required for New Participants

Please arrive 20 minutes before class begins to register.

**Registration Fee:** \$25

**Class Fee:** On a sliding scale.

\$10-\$30 (individual)

\$15-\$45 (couple)

Child Care Included

No one is turned away for the lack of funds

Every parent and every child has experienced deep feelings of

frustration and anger. You are not alone! *Raising children is a really hard job!*

In this ten session class, we'll introduce a philosophy and practice of parenting based on the latest research about brain and child development.

Through discussion groups, theory, role playing, and specific problem solving, we will:

\* Learn to set clear and respectful boundaries

\* Explore ourselves and our children through a lens of empathy and understanding.

\* Identify strategies and tools that will help you successfully create the parenting relationship you want with your child.

Court/Agency referred, please contact us for further information at 213.484.6676.

A NEW PARADIGM FOR RAISING CHILDREN

SATURDAY MORNINGS

Classes are held at The Echo Center, 1226 N Alvarado St, Los Angeles, CA 90026. In the Echo Park United Methodist Church Building (not affiliated)

**No Class:** 11/27, 12/25 & 1/1

Next Parenting Series: March 5th—May 14th

[theechocenter.org](http://theechocenter.org)

**THE ECHO CENTER**  
RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.



Formerly the Center for Nonviolent Education and Parenting