



WOMEN'S RETREAT

MOTHERS, SPOUSES, LOVERS, SISTERS, FRIENDS, CAREGIVERS— ALL WILL HAVE THE OPPORTUNITY TO REPLENISH THEIR SPIRIT IN THIS SPECIAL RETREAT CREATED JUST FOR WOMEN. WE WILL FOCUS ON FINDING SELF-NOURISHMENT, HEALING, AND SUPPORT AS WELL AS ON HONORING ALL THE PHASES OF OUR DAILY LIVES.

NOVEMBER 21, 2010
9AM—4PM

\$50—\$100 per person.
Sliding scale available


Register online at theechocenter.org by clicking on Registration Center or call or email Azucena Ortiz a 213.484.6676 ext 311 or aortiz@theechocenter.org

The philosophy and practice of nonviolence in raising children is much more than just coping with each of the challenging moments that arise in our daily interactions with our children. It's also about having a community that supports our own process. This retreat will create a space to deepen our personal parenting practices, nurture each other in healing from past hurts, and build support with the women in our community.

Please bring a bag lunch, drinks and snacks will be provided.

Childcare will not be available.

*This retreat will be held at The Immaculate Retreat House in Silver Lake
3431 Waverly Drive, LA CA 90027.*

theechocenter.org
THE ECHO CENTER 
RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.
Formerly the Center for Nonviolent Education and Parenting

REGISTRATION FORM FOR WEEKEND INTENSIVE

Yes, I would like to participate in the Women's Retreat.

Name _____

Address _____

Phone _____

E-mail _____

Comments _____

This retreat will be held at The Immaculate Retreat House in Silver Lake—3431 Waverly Drive, LA CA 90027. Please call us for directions or more information.

November 21st 2010

*Fee: \$50—\$100 per person
Sliding scale available*

To register choose one of the following options:

** Go to www.theechocenter.org and click on Registration Center to register online.*

** Fax completed registration form to 213.484.6646*

** Mail registration form and payment to:*

The Echo Center

Women's Retreat

P.O. Box 26938, Los Angeles, CA 90026

Please make checks payable to The Echo Center

About the Echo Center

At The Echo Center, (formerly Center for Nonviolent Education and Parenting), we're dedicated to reimagining the parent/child dynamic. We offer program participants a whole new way of looking at family building. We help people throughout the community move away from fear-based judging toward empathetic nurturing. And we're all about raising children with care and building loving, respectful families.

Since 2000, The Echo Center has been helping families in Los Angeles and around the world. Please visit theechocenter.org to learn more, and join the global movement of parents and professionals who dare to imagine a world in which all children are raised with empathy and compassion, free from physical and emotional harm.

About Nonviolence

The term "nonviolence" describes a commitment to treat oneself and others with deep respect. It is a belief in the basic goodness of all living things. Nonviolence is an all-encompassing perspective. It includes our thoughts, feelings, words, and actions. What we think and say matters.

The philosophy and practice of nonviolence in parenting applies the ideas of nonviolence to the relationship between parents and children. Their connection allows the child to learn to be a caring and empathetic human being, fulfilling his or her own dreams and wishes and at the same time supporting the dreams and wishes of others. Violence begets violence, while nonviolence begets nonviolence.

We are raising children *with* care.

We are raising children *to* care.

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