



FATHER'S RETREAT

DADS ARE DIFFERENT THAN MOMS. WE GET THAT. BUT WE STILL NEED SUPPORT WHEN IT COMES TO RAISING OUR KIDS. THIS RETREAT IS A CHANCE FOR FATHERS TO GET SOME CONCRETE, RESEARCH-BASED INFORMATION ABOUT HOW KIDS GROW, AND HOW WE CAN BE THE KIND OF LOVING FATHERS WE WANT TO BE.

**FEBRUARY 20, 2011
9:00AM—4:00PM**

Fee: \$75 — \$125
Based on a sliding scale

Register online at theechocenter.org by clicking on Registration Center or contact Azucena Ortiz at 213.484.6676 ext 311 or aortiz@theechocenter.org.

- * What are the unique challenges for men raising children?
- * What are some of the expectations and pressures on dads?
- * How can we make parenting choices that we feel good about in ways that may be different from some of the men that we grew up with?

There's a lot more for dads to talk about.

This day is a chance to explore parenting from a father's perspective and to get the necessary support that dads really need.

Please bring a bag lunch. Drinks and snacks will be provided.

Childcare will not be available.

This retreat will be held at The Immaculate Retreat House in Silver Lake. 3431 Waverly Drive, LA, CA 90027.

theechocenter.org
THE ECHO CENTER
RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.
Formerly the Center for Nonviolent Education and Parenting



REGISTRATION FORM FOR THE FATHER'S RETREAT

Yes, I would like to participate in the Retreat for Fathers.

Name _____

Address _____

Phone _____

E-mail _____

Comments _____

This retreat will be held at The Immaculate Retreat House in Silver Lake—3431 Waverly Drive, LA CA 90027. Please call us for directions or more information.

February 20th 2011

*Fee: \$75—\$125 per person
Sliding scale available*

To register choose one of the following options:

** Go to www.theechocenter.org and click on Registration Center to register online.*

**Mail registration form and payment to:*

The Echo Center

Father's Retreat

P.O. Box 26938, Los Angeles, CA 90026

Please make checks payable to The Echo Center

About the Echo Center

At The Echo Center, (formerly Center for Nonviolent Education and Parenting), we're dedicated to reimagining the parent/child dynamic. We offer program participants a whole new way of looking at family building. We help people throughout the community move away from fear-based judging toward empathetic nurturing. And we're all about raising children with care and building loving, respectful families.

Since 2000, The Echo Center has been helping families in Los Angeles and around the world. Please visit theechocenter.org to learn more, and join the global movement of parents and professionals who dare to imagine a world in which all children are raised with empathy and compassion, free from physical and emotional harm.

About Nonviolence

The term "nonviolence" describes a commitment to treat oneself and others with deep respect. It is a belief in the basic goodness of all living things. Nonviolence is an all-encompassing perspective. It includes our thoughts, feelings, words, and actions. What we think and say matters.

The philosophy and practice of nonviolence in parenting applies the ideas of nonviolence to the relationship between parents and children. Their connection allows the child to learn to be a caring and empathetic human being, fulfilling his or her own dreams and wishes and at the same time supporting the dreams and wishes of others. Violence begets violence, while nonviolence begets nonviolence.

We are raising children *with* care.

We are raising children *to* care.

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