



# WEEKEND INTENSIVE A NEW PARADIGM FOR RAISING CHILDREN

## February 26 & 27, 2011 AN INTRODUCTION TO NONVIOLENCE IN PARENTING

Saturday, February 26, 2011  
 Sunday, February 27, 2011  
 9am - 4pm each day.

\$250 per person. Call for scholarship information.

Register online at [theechocenter.org](http://theechocenter.org) by clicking on Registration Center or contact Azucena Ortiz at 213.484.6676 ext 311 or [aortiz@theechocenter.org](mailto:aortiz@theechocenter.org)

**Every parent (and every child) has experienced deep feelings of frustration and anger. You are not alone! Raising children is a really hard job!**


In this twelve hour intensive, we'll introduce a philosophy and practice of raising children based on the latest research about child development, attachment theory, interpersonal neurobiology and more. Content will include:

- \* Exploring ourselves and our children through a lens of empathy and understanding.
- \* Teaching emotional intelligence by learning a language of feelings and needs.
- \* Setting respectful, clear boundaries.
- \* Exploring strategies and tools that will help you successfully

create the parenting relationship you want with your child.

*This class will be held in Highland Park at Hathaway Sycamores Family Resource Center, 840 N. Ave. 66, 90042. Please call us for directions or more information.*

[theechocenter.org](http://theechocenter.org)

**THE ECHO CENTER** 

**RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.**

*Formerly the Center for Nonviolent Education and Parenting*

## REGISTRATION FORM FOR WEEKEND INTENSIVE

Yes, I would like to participate in the Weekend Intensive.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Comments \_\_\_\_\_

*This class will be held in Highland Park at Hathaway Sycamores Family Resource Center, 840 N. Ave. 66, 90042. Please call us for directions or more information.*

*February 26th & 27th 2011*

*Fee: \$250, partial scholarships are available*

*To register choose one of the following options:*

*\* Go to [www.theechocenter.org](http://www.theechocenter.org) and click on Registration Center to register online.*

*\* Fax completed registration form to 213.484.6646*

*\* Mail registration form and payment to:*

*The Echo Center*

*Weekend Intensive*

*P.O. Box 26938, Los Angeles, CA 90026*

*Please make checks payable to The Echo Center*

### About the Echo Center

At The Echo Center, (formerly Center for Nonviolent Education and Parenting), we're dedicated to reimagining the parent/child dynamic. We offer program participants a whole new way of looking at family building. We help people throughout the community move away from fear-based judging toward empathetic nurturing. And we're all about raising children with care and building loving, respectful families.

Since 2000, The Echo Center has been helping families in Los Angeles and around the world. Please visit [theechocenter.org](http://theechocenter.org) to learn more, and join the global movement of parents and professionals who dare to imagine a world in which all children are raised with empathy and compassion, free from physical and emotional harm.

### About Nonviolence

The term "nonviolence" describes a commitment to treat oneself and others with deep respect. It is a belief in the basic goodness of all living things. Nonviolence is an all-encompassing perspective. It includes our thoughts, feelings, words, and actions. What we think and say matters.

The philosophy and practice of nonviolence in parenting applies the ideas of nonviolence to the relationship between parents and children. Their connection allows the child to learn to be a caring and empathetic human being, fulfilling his or her own dreams and wishes and at the same time supporting the dreams and wishes of others. Violence begets violence, while nonviolence begets nonviolence.

We are raising children *with* care.

We are raising children *to* care.