

PARENTING CLASS SERIES

September 10th — November 12th, 2011 Spanish 9:00 am —10:45 am | English 11:00 am —12:45 pm

Registration Required for New Participants Please arrive 20 minutes before class begins to register.

Registration Fee: \$25 Class Fee: On a sliding scale. \$10-\$30 (individual) \$15-\$45 (couple) Child Care Included

No one is turned away for the lack of funds

Every parent and every child has experienced deep feelings of

frustration and anger. You are not alone! *Raising children is a really hard job!*

In this ten session class, we'll introduce a philosophy and practice of parenting based on the latest research about brain and child development.

Through discussion groups, theory, role playing, and specific problem solving, we will:

* Learn to set clear and respectful boundaries

* Explore ourselves and our children through a lens of empathy and understanding.

* Identify strategies and tools that will help you successfully create the parenting relationship you want with your child.

Court/Agency referred, please contact us for further information at 213.484.6676.



A NEW PARADIGM FOR RAISING CHILDREN

SATURDAY MORNINGS

Classes are be held at Echo Parenting and Education : 1226 N Alvarado Street Los Angeles, CA 90026. In the Echo Park United Methodist Church Building (not affiliated)

Next Parenting Series: December 3rd—February 18th

Formerly the Center for Nonviolent Education and Parenting