



# PARENTING CLASS SERIES

November 29th — February 14th, 2012

English 6:00 pm — 8:00 pm

A NEW PARADIGM  
FOR RAISING  
CHILDREN

TUESDAY

**Registration Required for New Participants**  
Please arrive 20 minutes before class begins to register.

**Registration Fee:** \$25  
**Class Fee:** On a sliding scale.  
\$10-\$30 (individual)  
\$15-\$45 (couple)  
Child Care Included

No one is turned away for the lack of funds

Every parent and every child has experienced deep feelings of

frustration and anger. You are not alone! *Raising children is a really hard job!*

In this ten session class, we'll introduce a philosophy and practice of parenting based on the latest research about brain and child development.

Through discussion groups, theory, role playing, and specific problem solving, we will:

\* Learn to set clear and respectful boundaries

\* Explore ourselves and our children through a lens of empathy and understanding.

\* Identify strategies and tools that will help you successfully create the parenting relationship you want with your child.

Court/Agency referred, please contact us for further information at 213.484.6676.

Classes are held at The Echo Center. 1226 N Alvarado St, Los Angeles, CA 90026. In the Echo Park United Methodist Church Building (not affiliated)

Next Parenting Series: February 28th—May 1st



Formerly the Center for Nonviolent Education and Parenting