



# PARENTING CLASS

April 27th - June 7th, 2012

Friday Mornings! 11:00am-1:00pm

**Have you ever been surprised at the level of frustration you've felt toward your child? Raising children is so difficult, yet most parents don't get much support to build skills and techniques!**

This six session private course (with bonus 7 week social event!!) will help parents to

learn a philosophy and practice of parenting that is based on empathy and compassion, yet is not permissive.

Topics will include:  
The science of brain development, setting and holding limits, learning from our own childhoods, emotional intelligence, anger, self regulation and much more.

Class will be held next to the Art Zone in Hermosa Beach!

Art Zone has limited space in the Friday Preschool class if you need an option for child-care.

ECHO PARENTING  
EMPATHY-LEAD  
PARADIGM FOR  
RAISING CHILDREN

Class Series Fee:  
\*\$300 individual, \$450 couple.  
*\*Some partial scholarships and payment plans are available.*

Contact Azucena Ortiz at  
213.484.6676 ext 311 or  
aortiz@echoparenting.org for  
directions and information.



**ECHO PARENTING & EDUCATION**  
RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.

*Formerly the Center for Nonviolent Education and Parenting*