



PARENTING CLASS

September 18 - October 23, 2012
Tuesdays 7-9pm

ECHO PARENTING
EMPATHY-LEAD
PARADIGM FOR
RAISING CHILDREN

Have you ever been surprised at the level of frustration you've felt toward your child? Raising children is so difficult, yet most parents don't get much support to build skills and techniques!

This six session private course will help parents to learn a

philosophy and practice of parenting that is based on empathy and compassion, yet is not permissive.

Topics will include: science of brain development, setting and holding limits, learning from our own childhoods, emotional intelligence, anger, self regulation and much more.

Class will be held at the Art Zone in West Los Angeles.

Class Series Fee:
\$300 individual, \$450 couple.

**Some partial scholarships and payment plans are available.*

Contact Azucena Ortiz at 213.484.6676 ext 311 or aortiz@echoparenting.org for directions and information.



ECHO PARENTING & EDUCATION
RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.

Formerly the Center for Nonviolent Education and Parenting