



PARENTING CLASS

October 3– November 14, 2012

ECHO PARENTING
EMPATHY-LEAD
PARADIGM FOR
RAISING CHILDREN

Have you ever been surprised at the level of frustration you've felt toward your child? Raising children is so difficult, yet most parents don't get much support to build skills and techniques!

This six session private course will help parents to learn a philosophy and practice of

parenting that is based on empathy and compassion, yet is not permissive.

Topics will include:
The science of brain development, setting and holding limits, learning from our own childhoods, emotional intelligence, anger, self regulation and much more.

Tuesdays
7:00pm - 9:00pm
(no class on Oct. 31st)
At Art Zone in
Hermosa Beach!

Class Series Fee:
*\$300 individual, \$450 couple.

Contact Azucena Ortiz at
213.484.6676 ext 311 or
aortiz@echoparenting.org for
directions and information.

**Some partial scholarships and payment plans are available.*



ECHO PARENTING & EDUCATION
RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.

Formerly the Center for Nonviolent Education and Parenting