



PARENTING CLASS

October 14 - November 18, 2012

ECHO PARENTING
EMPATHY-LEAD
PARADIGM FOR
RAISING CHILDREN

Have you ever been surprised at the level of frustration you've felt toward your child? Raising children is so difficult, yet most parents don't get much support to build skills and techniques!

This six session private course will help parents to learn a philosophy and practice of

parenting that is based on empathy and compassion, yet is not permissive.

Topics will include:

The science of brain development, setting and holding limits, learning from our own childhoods, emotional intelligence, anger, self regulation and much more.

SUNDAYS 4:00pm - 6:00pm

Class will be held in a private home in the Pasadena area.

Class Series Fee:

*\$300 individual, \$450 couple.

Contact Azucena Ortiz at 213.484.6676 ext 311 or aortiz@echoparenting.org for directions and information.

**partial scholarships and payment plans are available.*

www.echoparenting.org



ECHO PARENTING & EDUCATION

RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.

Formerly the Center for Nonviolent Education and Parenting