



PARENTING CLASS SERIES

September 8th — November 10, 2012

Spanish 9:00am —10:45am // English 11:00 am —12:45 pm

Registration Required for New Participants

Please arrive 20 minutes before class begins to register.

Registration Fee: \$25

Class Fee: On a sliding scale.

\$10-\$30 (individual)

\$15-\$45 (couple)

Child Care Included

No one is turned away for the lack of funds

Every parent and every child has experienced deep feelings of

frustration and anger. You are not alone! *Raising children is a really hard job!*

In this ten session class, we'll introduce a philosophy and practice of parenting based on the latest research about brain and child development.

Through discussion groups, theory, role playing, and specific problem solving, we will:

* Learn to set clear and respectful boundaries

- * Explore ourselves and our children through a lens of empathy and understanding.
- * Identify strategies and tools that will help you successfully create the parenting relationship you want with your child.

Court/Agency referred, please contact us for further information at 213.484.6676.

A NEW PARADIGM FOR RAISING CHILDREN

SATURDAY MORNINGS

Classes are held at Echo Parenting and Education :
1226 N Alvarado Street
Los Angeles, CA 90026.
In the Echo Park United Methodist Church Building (not affiliated)

www.echoparenting.org



Formerly the Center for Nonviolent Education and Parenting