



# Seeking Safety

An evidence-based model for trauma and/or substance abuse

Training Facilitated by Summer Krause, LPC, CADCI

**February 9<sup>th</sup> 2016**  
**9:00am to 4:30pm**  
Registration 8:30am to 9:00am

**Training: \$160**  
**Book: \$55**

The Seeking Safety book will be available for purchase on site (and pre-purchased books can be picked up) at the Registration Desk.

The Seeking Safety book is highly recommended for all attendees and required by DMH. It is a 400-page manual that provides all you need to conduct Seeking Safety (clinician guide and client handouts).

**Register by mail**  
by downloading [this form](#)  
*or*  
**Register online at:**  
<http://tinyurl.com/SeekingSafety0209>

**Location:**  
The California Endowment  
1000 N. Alameda St.  
Los Angeles, 90012

**Contact:**  
Azucena Ortiz  
aortiz@echoparenting.org  
(213) 484-6676 x311

Seeking Safety is an evidence-based program for counselors to help trauma survivors master the skills needed to reestablish basic physical and emotional safety. Originally developed to help those who are dealing with trauma and substance abuse, the techniques and information learned during this training can help anyone in need of stabilization after experiencing trauma and improve their coping skills.

**Educational Objectives:**

- Learn how to implement Seeking Safety with adults and/or adolescents
- Review research and clinical issues in treating trauma and substance abuse
- Increase empathy and understanding of trauma and substance abuse
- Obtain assessment and treatment resources

*This training is designed for anyone; no license, degree, or prior training is required.*

**CEUs are included in the training fee and can be requested at the Registration Desk the day of the training.**

**This course meets the qualifications for 6hrs of Continuing Education Units (CEUs) for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences.**  
**BBS Provider #PCE4426**

If you are interested in other types of CEUs, there will be an extra charge of \$30; For a list of additional CEUs, [click here](#) and list your discipline and license number in "Comments" when you register.

**If you are a LAC-DMH PEI Provider and are taking this training as part of the PEI Plan you are required to:**

- Bring a copy of the Seeking Safety Book; books can be purchased [online](#) or on the day of the training
- Read Seeking Safety's Frequently Asked Questions located on the [Seeking Safety website](#)
- Review the [LAC-DMH PEI Seeking Safety Guidelines](#)