

WEEKEND INTENSIVE OUR TEN WEEK CURRICULUM IN TWO DAYS!!

A NEW PARADIGM FOR RAISING CHILDREN THROUGH COMPASSION AND EMPATHY

Parenting is one of the most creative and exhausting jobs you'll ever have. Sometimes you'll find yourself saying or doing something to your child you swore you'd never do!

In this twelve hour intensive, founder and former executive director Ruth Beaglehole will introduce a practice of raising children based on the latest research about child development (including the effects of toxic stress), nonviolent communication, and how to be a child's emotional coach.

Through discussion groups, theory, role playing, and specific problem solving, participants will learn:

- How to set and hold limits with empathy.
- Self-regulation techniques and the tools to build emotional literacy.
- How to form developmentally appropriate expectations of a child.
- How to build and sustain a connected relationship.

RAISING CHILDREN WITH CARE. RAISING CHILDREN TO CARE.



**Saturday & Sunday
September 12 & 13, 2015
9am - 4pm**

Fee: \$250 per person
\$375 per couple

Location: 1000 W. Sunset Blvd., Ste. 201
Los Angeles, CA 90012

Register online at:
echoparenting.org
Click on Weekend Intensive
under Parenting Programs

or

contact Kim Pesenti at
(213) 484-6676 ext.319
kpesenti@echoparenting.org

Seating is limited.

Child care is not available
for this class.