

Trauma-Informed Nonviolent Child Raising

Whether you have heard about Echo's approach to child raising before or you are completely new to it, this workshop will help you with the tools and practices to build not only secure attachment between caregiver and child (which prevents, heals and builds resilience against childhood trauma), but also the kind of loving, empathetic connection we, as human beings, are wired to crave. Echo's expert team of trainers will walk you through some practical strategies you can implement immediately, such as regulation techniques and tools for connection.

Diana Ayala, *Co-Executive Director*. Diana has worked with the agency since its inception in 1999, assisting the founder to grow it from a two-person operation into the agency it is today. In that time, she also graduated with a B.A. in Chicano Studies from UCLA. In addition to her duties as the Co-Executive Director, Diana oversees the financial, operations and human relations functions of the agency.

Gisela Burquet has been working with children and families for over twenty years. She worked with children from high school age to infants in very diverse settings. She worked as an English teacher in Argentina, integrating arts and movement expression in the classroom. Being a teacher she discovered her passion: helping families change towards a more connecting way of relating with one another. Her background includes training with the Center for Nonviolent Communication, an international organization dedicated to helping people develop the tools for compassionate conflict resolution. Her interest in the philosophy and practice of nonviolence began in her late teens and now informs every aspect of her work and personal interactions. She also trained with RIE (Resources for Infant Educators), an educational organization centering its philosophy on raising children with respect. Raising children with empathy and compassion and giving parents and professionals the tools they need to do so has become her calling and passion. "I want to see a more peaceful and healing world and am deeply committed with the effort to create it". She started working with Echo Parenting & Education twelve years ago. Through this organization she has been teaching the philosophy and practice of trauma-informed nonviolent child raising to parents, teachers and professionals all around Los Angeles. Gisela has a MA in Clinical Psychology and is currently working on her Marriage and Family Therapy license.

Lizeth Toscano, ACSW, Lizeth joined Echo in 2011 as a parent educator specializing in working with families and children and is the lead trainer for the parent component of Echo's Whole school Initiative. She graduated with a MSW from USC in May 2015. Lizeth has worked with parents and domestic violence survivors since obtaining her BSW from San Diego State University in 2010, both as a case manager with parents for Home-SAFE, Early Head Start Services, and as an intern MSW therapist for Hillside and the National Council of Jewish Women, Women Helping Women. She is currently an In-Home-Outreach-Counselor for Family Preservation Services at Westside Children's Center.