

# Trauma & Addiction



October 30, 2024 | 8:00 am - 12:30 pm PST

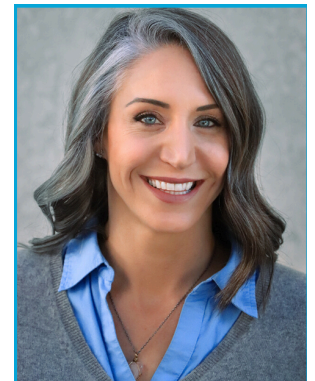


**Trauma and addiction are inextricably linked: From seeing addiction as a disease we are now moving to understanding it as a trauma response.**

In this full-day training, you will gain tools for a trauma and resilience focused approach for working with people who experience the symptoms of addiction. Participants will also deepen their understanding of the connection between addictive behaviors and how the body responds to trauma.

## At the end of the training participants will be able to:

- Name the two domains of childhood adversity described in the 'Pair of ACEs'
- List at least five impacts of childhood trauma identified by the Adverse Childhood Experiences (ACEs) Study
- Name the two major neurotransmitters that provide a link between childhood trauma and addiction
- Describe the two extremes that may be experienced in the autonomic nervous system as a result of trauma
- Name at least one cultural belief about addiction that is now anachronistic
- Agree that 'addiction is a solution'
- Implement two tools for building resilience



*Andi Fetzner, PsyD*

## Details

8:00 am - 12:30 pm, sign-in starts at 7:45am  
Live training via Zoom

## Continuing Education

For each training, 3 CE credits are available for an additional \$30. Echo is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for MFTs, LCSWs, LEPs, and LPCCs. Echo maintains responsibility for all programs and their content.

## Contact Us

For additional requests, accommodations, questions, or grievances about this training contact us at [training@echotraining.org](mailto:training@echotraining.org) or (213)484-6676.